

**TOWN OF MILTON**  
Meeting Minutes of the Board of Health  
Monday, October 19, 2015, 7 p.m.  
Milton Town Office Building, Baker Room

**Attending:** Anne T. Fidler, Sc.D., Chair  
Laura T. Richards, Esq., Secretary  
Roxanne Musto, RN-C, MS, ANP, Member  
Anthony Compagnone, M.D. Medical Advisor  
Caroline A. Kinsella, BSN, RN, Health Director and Public Health Nurse  
Jean M. Peterson, Senior Administrative Assistant

**1. Citizen Speak**

There were no citizens present to address the Board.

**2. Administrative Tasks**

The Board approved as amended the Minutes of September 21, 2015. Chairman Fidler signed one bill for payment.

**3. Milton Substance Abuse Coalition**

Health Director Kinsella informed the Board that the next meeting of the Milton Substance Abuse Coalition is scheduled for October 28<sup>th</sup> at 6:30 p.m. at the Milton Public Library. There will be a guest speaker and refreshments will be served to commemorate the one year anniversary of the Milton Substance Abuse Coalition. Ms. Kinsella informed the Board of the following news and events relative to the Coalition:

- Milton High School student, Delphine Jrolf, was the recipient of a \$100 award for designing a logo for the Milton Substance Abuse Coalition. Ms. Kinsella and Vicki McCarthy presented the award at the *Celebrate Milton* event.
- Ms. Kinsella and Joanne Trifone, Pharmacist and event organizer, volunteered at the National Prescription Drug Take-Back Day located at the Milton Police station. Ms. Kinsella reported that 40 people discarded medications during the event.
- The Coalition staffed an information table at the *Celebrate Milton* event.
- The Coalition is entering a team to run/walk in the *Milton Monster Dash* to be held on Sunday, October 25<sup>th</sup>. Participants will be provided with free T shirts to raise awareness about substance abuse and to promote the efforts of the Coalition.

Chairman Fidler informed the Board that she attended a meeting with Laurie Stillman at Eastern Nazarene College relative to various grants, including the CHNA Grant, and coalitions working to prevent substance abuse. She stated that sources of funding were discussed. She informed the Board that funds are being spent quickly and CHNA advised the representatives of the coalitions in attendance to seek additional funds from the Department of Public Health.

In addition, Health Director Kinsella informed the Board that the Substance Abuse Coalition expressed interest in implementing a Facebook page. Ms. Kinsella expressed concerns about the monitoring of a Facebook page. She stated that she did not wish to have a Milton Substance Abuse Coalition Facebook page connected with the Board of Health as the Board of Health has its own Facebook page. She stated that the Coalition plans to unveil a web page next week. Dr. Compagnone expressed similar concerns with the monitoring of a Facebook page and felt that the web page is a better idea. The Board expressed similar concerns, particularly with how to manage incoming comments. The Board tabled the discussion to the next meeting.

Ms. Kinsella informed the Board that Dr. Tara Cousineau conducted a presentation titled “Making Healthy Decisions” at Pierce Middle School of which she received a \$500 stipend. Ms. Cousineau is donating the stipend to the Milton Substance Abuse Coalition for the purchase of T shirts for the upcoming Monster Dash.

#### 4. **Burr Estate Variance Request**

The Board revisited the request from Peter Cohee, Manager of the Burr Estate Condominium Association, relative to a variance to reduce the frequency of two pool chemical tests. Mr. Cohee cited various reasons for his request citing low pool usage, amount of time involved for the caretaker to conduct the tests and the consistency of the chemical tests day to day. Health Director Kinsella advised the Board to comply in accordance to the pool testing regulations, as suggested by Health Inspector Nelly Browne-Janga. Ms. Kinsella suggested that Ms. Browne-Janga attend the next Board meeting to discuss the matter in further detail.

#### 5. **374 Brook Road**

The Health Director provided an update to the Board relative to the progress of the hoarding case of Mr. Peter Walsh who resides at 374 Brook Road. Ms. Kinsella stated that she is working closely with Kevin Mearn, former Town Administrator and friend of Mr. Walsh and with Diane Ferrari from the Milton Residents Fund. Ms. Kinsella informed the Board of verbal threats that Mr. Walsh had made to the Board of Health office. She requested the Board to offer Mr. Walsh additional time between the delivery of dumpsters, possibly a month, which would allow Mr. Walsh time to process his thoughts. She stated that she feels that Mr. Walsh, who refuses help, is agitated, and needs to work at a pace that he is comfortable with, thus justifying the request for additional time between dumpsters. The Board agreed that with the winter months approaching, and the desire to discard as much of his collections as possible before the onset of bad weather, that two or three weeks between the delivery of dumpsters would be appropriate.

#### 6. **Flu Updates**

The Health Director informed the Board that the General Public Flu Clinic had about half the attendance that it had last year. She stated that the Employee Health and Wellness Clinic, will be held on October 29<sup>th</sup> from 2:30 – 4:30 p.m. Donations will be made by Altus Dental and the Fruit Center. She informed the Board of a new supply of flu mist arriving in January.

#### 7. **Old Business**

- The Health Director discussed the Narrative of Forecast for FY 17 with the Board and the proposal to reorganize the department for FY 17 by, combining the part time Health Inspector and Health Agent positions to make one full-time position. In addition, she proposed that she would like to hire a new part-time, 16 hour per week, public health nurse to assist with an array duties.
- Ms. Kinsella also informed the Board that the Health Inspector would like the Board to consider charging fees for temporary food permits. There is no fee charged for temporary food permits as the present time. She provided the Board with a listing of permit fees from ten surrounding towns. The Board voted to begin charging \$25.00 for temporary permit fees.
- The Health Director provided the Board with written monthly Director/Public Health Nurse reports from March through June 2015.
- Ms. Kinsella and Ms. Musto updated the Board relative to news from the Airplane Noise Advisory Committee.

- Ms. Kinsella provided the Board with updated information relative to chicken regulations which had been re-written by Health Agent Stephen Bell. The information will be sent to the Milton Times to inform residents about the keeping of fowl/chickens. The Board responded favorably to the information written by Mr. Bell.

**8. New Business**

The Health Director informed the Board about a fundraiser to be held at *Sweet Frog*, 650 Adams Street, on Saturday, October 24<sup>th</sup> from 3 to 6 p.m. to support the Milton Substance Abuse Prevention Coalition. The event is co-sponsored by Milton Kiwanis Club.

**9. Next Meeting Date**

Next meeting dates are scheduled for October 26, 2015, 6:30 p.m. at Milton High School (prior to Town Meeting) and November 23, 2015 at 7 p.m.

**10. Adjournment**

The meeting adjourned at 8:30 p.m.

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Laura T. Richards, Esq.  
Secretary